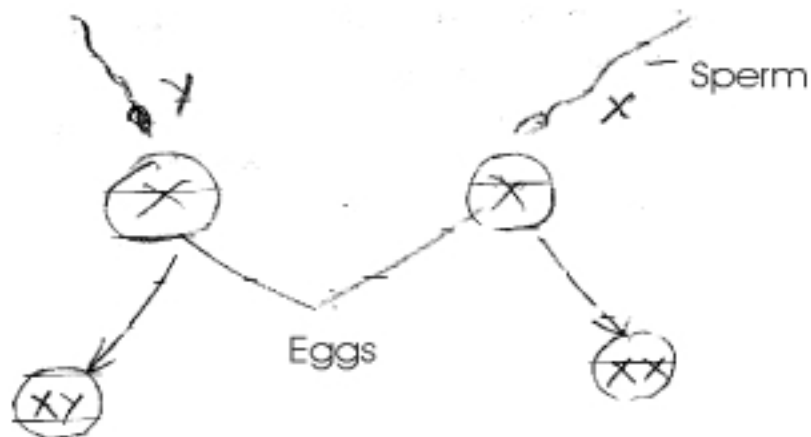


L-10

Reaching the age of Adolescence

1. After studying the following diagram, determine the sex of the child



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2. Complete following table :

| Hormone | Gland secreting the hormone |
|----------------|-----------------------------|
| Thyroxine | |
| | Pancreas |
| Growth Hormone | |
| | Testis |
| Estrogen | |

3. Fill in the blanks -

- i) Reaching the age of adolescence, the protruding part of the throat in boys is called _____.
- ii) Hormone secreted by testis is _____.
- iii) Stoppage of menstruation is called _____.
- iv) Pituitary gland secretes a hormone _____ responsible for the growth.

4. Write any three secondary sexual characters in boys and girls on reaching the age of adolescence.

Boys

Girls

- i)
- ii)
- iii)

5. During the period of adolescence, children should eat which type of food and which not.

Should eat

Should be avoided

- i) 1)
- ii) 2)
- iii) 3)
- iv) 4)

Fruits, Burger, Milk, Pizza, Chocolates, Pulses, Chips, Vegetables.

6. Write a slogan on junk - food

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